

May, 2024

Curriculum Vitae

GENERAL BIOGRAPHICAL INFORMATION**PERSONAL**

FULL NAME: Dr. Melissa Goldberg Mintz
CITIZENSHIP: United States of America

EDUCATION**UNDERGRADUATE:**

Bachelor of Arts, High Honors in Psychology, September 2007- May 2011 Emory University, Atlanta, Georgia

GRADUATE:

Master's in Clinical Psychology, September 2011- May 2013 University of Denver
Denver, Colorado

Doctorate in Clinical Psychology, September 2011- August 2015 University of Denver
Denver, Colorado (*Assessment of Bibliotherapy in Traumatized Children: Utility in Facilitating a Trauma Narrative*, Ragnar Storaasli, Ph.D.)

PREDOCTORAL INTERNSHIP AND POSTGRADUATE TRAINING:

Psychology Intern, University of Denver at Kaiser Permanente, August 2014- July 2015
Denver, Colorado

Postdoctoral Fellow, Baylor College of Medicine, the Menninger Clinic, Professionals in Crisis Unit, September 2015- August 2016 Houston, Texas

ACADEMIC & ADMINISTRATIVE APPOINTMENTS:

Clinical Assistant Professor, February 2022- Present. Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine. Houston, Texas

Clinical Assistant Professor, June 2018- July 2021. Department of Psychiatry and Behavioral Sciences McGovern Medical School at UTHealth. Houston, Texas

RESEARCH INFORMATION

INTERNATIONAL SCIENTIFIC PARTICIPATION:

Czech National Institute of Mental Health; MHPSS Ukrainian Refugee Response. Co-developing and training Czech and Ukrainian Psychologists in disseminating parenting interventions for traumatized children in role as expert master trainer. April 2023- Present

NATIONAL SCIENTIFIC PARTICIPATION:

U.S. Department of Health and Human Services (HHS); Administration for Children and Families (ACF) CFDA number 93.327, Contractor through St. Luke's Human Trafficking program. September 2021- Present

Data Safety Monitoring Board (DSMB) on the Internet-based Cognitive Behavioral Therapy (ICBT) for tinnitus: NIH Grant number R21DC017214, Member, February 2019-2021

PUBLICATIONS:

Books:

Goldberg Mintz, M. (August, 2022). *Has Your Child Been Traumatized? How to Know and What to do to Promote Healing and Recovery*. The Guilford Press: New York

Goldberg Mintz, M. (2023). *Heeft je kind een trauma? Hoe herken je trauma en hoe help je je kind met verwerken en herstel*. Hogrefe Uitgevers, by arrangement with the Guilford Press: Amsterdam & New York

Full Papers in Peer Reviewed Journals:

DeFife, J.A., **Goldberg, M.**, and Westen, D. (2015). Dimensional Assessment of Self- and Interpersonal Functioning in Adolescents: Implications for *DSM-5's* General Definition of Personality Disorder. *Journal of Personality Disorders*: Vol. 29, No. 2, pp. 248-260.

Taylor, L.K., **Goldberg, M.G.** & Tran, M.H.D. (2019) Promoting Student Success: How do we Best Support Child and Youth Survivors of Catastrophic Events? *Current Psychiatry Reports* Vol. 21, No. 82. <https://doi.org/10.1007/s11920-019-1067-3>

Papers without Peer Review:

Goldberg, M., & Gunterman, A. (2013, February). The Wartegg Drawing Completion Test: A New Option for Assessors. *The Colorado Psychologist*, 41(1), 7-8.

Altschuh, A., Evins, A., Franks, A., Gagnon, L, **Goldberg, M.**, McMann, K, Paz, J. Peavey, C, Sutcliffe, J. & van Bekkum, L. (2015). The application of dark humor in stress reduction: The creation of a “Cards Against Psychology” game for psychology graduate students. *Psychotherapy Bulletin*, 50 (3), 53-54.

Goldberg Mintz, M. (2022). Moving Through Trauma: Three Questions to Help Identify and Heal from Trauma. *Pathways Magazine*, 76(1), 10-11.

Book Chapters Written:

Fowler, J.C., **Goldberg, M.**, Groat, M.D. (2017). Projective Testing in Psychotherapeutics (Update). In Hersen, M. Sledge W. (eds.) *Encyclopedia of Psychotherapy, Reference Module in Neuroscience and Biobehavioral Psychology*. Elsevier.

MEDIA AND OTHER WORKS CONTRIBUTING TO GENERAL PUBLIC:

International:

Goldberg Mintz, M. (July 12, 2023). What is Stockholm Syndrome? Live studio interview with Fox 26 local Houston news, picked up by The Herald Sun (AU), News.com (AU), Couriermail.com (AU), The Mercury (AU), Yahoo.com (US)

Goldberg Mintz, M. (June 23, 2023). Practical tips for Progressive Muscle Relaxation. Video resource for Ukrainian refugee parents in Czechia. Distributed by Narodni Ustav Dusevniho Zdravi (NUDZ), Czech National Institute of Mental Health.

Goldberg Mintz, M. (June 23, 2023). Fostering Confidence in Traumatized Children. Video resource for Ukrainian refugee parents in Czechia. Distributed by Narodni Ustav Dusevniho Zdravi (NUDZ), Czech National Institute of Mental Health.

Goldberg Mintz, M. (June 23, 2023). Keeping Routine Amid Adversity. Video resource for Ukrainian refugee parents in Czechia. Distributed by Narodni Ustav Dusevniho Zdravi (NUDZ), Czech National Institute of Mental Health.

National:

Goldberg, M. (2020, October 15). Keeping the Chaos Together [Documentary]. A Poppy Pro Productions film by Stacey Summers. Official Selection of the 2020 Marina Del Ray Film Festival, Official Selection of the 2020 Virtual REEL Recovery Film Festival and Symposium.

Goldberg, M. (March 18, 2020). COVID-19 and Mental Health. Live Radio Interview by Dr. Michael Aronoff, Sirius XM Doctor Radio.

Goldberg Mintz, M. (July 6, 2021). How to Tell when your Child Needs a Therapist and how to Find one. Interview and article by Rachel Fairbank, Lifehacker.

Goldberg Mintz, M. (August 9, 2021). How to Deal with your Childhood Trauma as an Adult. Interview and article by Rachel Fairbank, Lifehacker.

Goldberg Mintz, M. (December 6, 2021). Understanding the ‘Goodness-of-Fit’ Theory Can Help You Be a Better Parent. Interview and article by Rachel Fairbank, Lifehacker.

Goldberg Mintz, M. (January 24, 2022). How to Handle a Clingy Child. Interview and article by Rachel Fairbank, Lifehacker.

Goldberg Mintz, M. (July 17, 2022). I’m a Child Psychologist and Mom, Many Parents Make the Same Big Mistake. My Turn column, Newsweek. Reprints published by Flipboard and Newsbreak.

Goldberg Mintz, M. (August 9, 2022). Dr. Melissa Goldberg Mintz on the Five Things Parents can do to Help Their Child Thrive and Excel in School. Interview and article by Jake Frankel, Authority Magazine.

Goldberg Mintz, M. (August 15, 2022). Child Psychologist Talks Back to School for Kids. Live virtual interview with Lauren Minor, Fox 19 Cincinnati.

Goldberg Mintz, M. (August 23, 2022). EP 1112B- Has Your Child Been Traumatized. Interview by Dr. Michael Roizen, YOU The Owner’s Manual Podcast.

Goldberg Mintz, M. (August 25, 2022). Rising Through Resilience: Dr. Melissa Goldberg Mintz of Secure Base Psychology on the Five Things you can do to Become More

Resilient During Turbulent Times. Interview and article by Savio P. Clemente, Authority Magazine.

Goldberg Mintz, M. (September 7, 2022). Ep. 1493 Children and Trauma. Interview by Kathryn Zox, the Kathryn Zox Show, Voice America.

Goldberg Mintz, M. (September 19, 2022). Focus on Family: Has Your Child Been Traumatized? How to Know and What to do to Promote Healing and Recovery. Live studio interview with Patrick Elwood, WGN9, Chicago.

Goldberg Mintz, M. (October 6, 2022). The Importance of Parent-Child Attachment. Essay on Psychology Today.

Goldberg Mintz, M. (October 15, 2022). Childhood Trauma Can Manifest Without Parents Even Knowing. Interview and article by Aristos Georgiou, Newsweek.

Goldberg Mintz, M. (October 17, 2022). WGVU Morning Show. Interview by Shelley Irwin, NPR.

Goldberg Mintz, M. (November 14, 2022). Episode 420, Melissa Goldberg Mintz. Interview by Dr. Mark Goulston, My Wakeup Call, Libsyn.

Goldberg Mintz, M. (February 8, 2022). What is Stockholm Syndrome? Interview with Breanna Mona, Forbes.

Regional:

Chang, M., Koshy, A., & **Goldberg, M.** (August 4, 2020). Back to School COVID Press Conference. Attended by KHOU-TV Channel 11, Fox 26 News, KRTK-TV Channel 13, Univision Houston Channel 45, San Antonio Express News, Austin American-Statesman, Texas Tribune, TMC News, and The Monitor in McAllen.

Local:

Goldberg, Melissa. (2015, January 3). Emotional Intelligence is Good Public Policy [Opinion Editorial]. Houston Chronicle, p. B7.

- Goldberg, M. (2017, September 1). Tips for Parents in Helping Children Cope after Hurricane Harvey [Psychoeducational Video]. (Available on Harris County Children's Assessment Center Media websites).
- Goldberg, M. (November 21, 2017). Forced Holiday Hugs. Filmed Interview by John Donnelly, Fox 26 Local News.
- Goldberg, M. (January 25, 2018). Talking to your Children about Sexual Abuse. Live Studio Interview by Melissa Wilson and José Griñan, Fox 26 Local News.
- Goldberg, M. (October 15, 2018). Growing up in America. Radio interview by Bob Sanborn and Mandi Kimball, 90.1 KPFT.
- Goldberg, M. (December 27, 2018). Houston-area Families of Missing Persons Mourn Unexplained Loss. Newspaper interview and article by Samantha Ketterer, Houston Chronicle.
- Goldberg, M. (April 30, 2019). It's not about Stranger Danger. Filmed interview by Yael Karakowsky, Univision 45 Houston.
- Goldberg, M. (May 8, 2019). How Parents can Help Prevent Child Sexual Abuse. Filmed interview by Yael Karakowsky, Univision 45 Houston.
- Goldberg, M. (November 11, 2019). Link between Childhood Trauma and Adult Illness. Live Studio Interview by Melissa Wilson, Fox 26 Local News.
- Goldberg, M. (April 6, 2020). Go Ahead and Laugh During a Pandemic. Newspaper interview and article by Maggie Galehouse. Texas Medical Center News.
- Goldberg, M. (September 7, 2020). Back to School Separation Anxiety. Live Interview by Melissa Wilson, Fox 26 Local News.
- Goldberg, M. (September 10, 2020). Child Mental Health and the Return to School. Interview by Justin Sternberg, KRTK, ABC-TV Local News.
- Goldberg, M. (October 7, 2020). Box Breathing to Cope with COVID-19 Anxiety. Interview by Brheanna Berry, KTRK, ABC-TV Local News.
- Goldberg, M. (October 21, 2020). Student Mental Health Goes Virtual During a Pandemic. Interview by Melissa Wilson, Fox 26 Local News.

Goldberg Mintz, M. (June 10, 2021). Health Matters: COVID-19 pandemic has also been a source of trauma for so many people. Interview by Rekha Muddaraj, KHOU Channel 11 Local News.

Goldberg Mintz, Melissa. (2021, June 9). Sex ed in first grade? Knowledge protects kids from abuse [Opinion Editorial]. Houston Chronicle, p. B7.

Goldberg Mintz, M. (July 20, 2022). Bullying Didn't Cause the Uvalde Massacre, but it Could be a Chance to Talk about the Issue. Interview and article by Evan McDonald, Houston Chronicle.

Goldberg Mintz, M. (April 20, 2023). Psychologist suggests talk to kids, challenge biases after a string of accidents turned shootings. Interview with Lileana Pearson, ABC-13 Local News.

Goldberg Mintz, M. (April 29, 2023). Mission Moment. Invited speaker at the Spirit of Spring Harris County Children's Assessment Center annual Gala.

Goldberg Mintz, M. (October 13, 2023). How to talk to kids and teens about the war in Israel. Live studio interview with Melissa Wilson, Fox-26 Local News.

Goldberg Mintz, M. (October 13, 2023). Jewish-owned businesses in Houston react to conflict in the Middle East. Interview and article by Mycah Hatfield, ABC-13 Local News.

Goldberg Mintz, M. (February 20, 2024). Invited keynote speaker, Reel Abilities Houston Mental Health Night.

TEACHING INFORMATION:

DIDACTIC COURSEWORK:

Courses Taught at Baylor College of Medicine:

- a. Medical Resident Didactic:
 - i. Child Trauma and the Provision of Trauma-Focused Cognitive Behavioral Therapy, 2020

Courses Taught at UT Health McGovern Medical School:

- a. Psychology Intern Didactics (appx. 10 learners)
 - i. Child Sexual Abuse, 2019
 - ii. Trauma and Grief in Military Families, 2019
- b. Medical Fellow Didactics (appx. 4-8 learners)
 - i. Child Sexual Abuse, 2019
 - ii. Trauma and Grief in Military Families, 2019
 - iii. Selecting Therapy Modalities for Adolescents, 2019
 - iv. Introduction to MBT and DBT in Adolescent Psychiatry, 2020

CURRICULUM DEVELOPMENT WORK:

Czech National Institute of Mental Health with UNICEF and WHO: Develop curriculum for Czech and Ukrainian psychologists to disseminate to Ukrainian refugee parents, focus on parenting traumatized children (April 2023- Present)

Greater Houston PATH Collaborative & Secure Base Psychology, PLLC: Adapt *Has Your Child Been Traumatized: How to Know and What to do to Promote Healing and Recovery* into curriculum to be delivered to parents and caregivers impacted by human trafficking (January 2023- Present)

Texas Association of Community Health Centers (TACHC) & UT Health Trauma and Resilience Center: Work was disseminated to clinicians across the state of Texas (June, 2018- July 2021)

- i. Ensuring your Clinic is Trauma Informed
- ii. Selecting Appropriate Screening Tools for our Patients
- iii. The Impact of Trauma on Coping
- iv. Combating Vicarious Trauma and Fostering Resilience

- v. Engaging Patients Exposed to Multiple Traumas
- vi. The Impact of PTSD on Physical Functioning

NON-DIDACTIC TEACHING:

Direct Clinical Supervision

a. Clinical Psychology Interns

i. Clinical Supervisor, **Harris County Children's Assessment Center**

- 1. Rachel Altvader, MS, September 2016- August 2017
- 2. Althea Stevens, MS, 2016 September – August 2017
- 3. Kaitlyn Dechant, MA, September 2017- August 2018
- 4. Wade Petree, MS, September 2017- August 2018

ii. Clinical Supervisor, **UT Health Trauma and Resilience Center**

- 1. Stephanie Emhoff, MA, July 2018- June 2019
- 2. Leyla Erguder, MA, 2019- 2020 cohort
- 3. Chloe Zachary, MA, 2019- 2020 cohort
- 4. Natalie Rodriguez-Quintana, MA, 2019- 2020 cohort
- 5. Jonathan Blassingame, MA, 2019- 2020 cohort

iii. Clinical Supervisor, **Baylor College of Medicine**

- 1. Ciara Ann Crighton, MS, July 2023- Present

b. Postdoctoral Fellows, **UT HEALTH Trauma and Resilience Center**

- 1. Stephanie Emhoff, PhD, July 2019- June 2020

Lectures and Presentations:

International:

Goldberg Mintz, M. & Yavna, K. Training of Trainers, Parenting Interventions for Traumatized Children. Invited presentation, Czechia National Institute of Mental Health with support from UNICEF and WHO. Prague, Czechia, May 2023

National:

Goldberg Mintz, M. The Impact of Vicarious Trauma on the Clinician. Invited speaker for Expert Training Series for BRAVE collective, virtually broadcast across United States, August, 2023.

Goldberg Mintz, M. Parent Workshop and Author Talk: Has Your Child Been Traumatized. Invited speaker for the Markell Family Cultural Art Series, Memphis, TN, March 2024.

Regional:

Cruz, R., Goldberg, M., & Rachel, A. Project ECHO and Trauma Informed Care. Invited presentation, 36th annual conference, Texas Association of Community Health Centers, The Woodlands, Texas, October 2019

Goldberg, M. Evidence-based treatments for trauma. Invited presentation at the Texas Association of Community Health Centers Trauma Informed Care 202 training, Austin, Texas, January 2020

Local:

Goldberg, M. Fostering Secure Attachment Relationships. Saturday Series lecture at the Menninger Clinic, Houston, Texas, May 2016

- Goldberg, M. Suicidal Ideation and Sleep-Related Symptoms in Menninger Patients. Fellowship presentation at the Menninger Clinic, Houston, Texas, August 2016
- Goldberg, M., & Vines, D. Sexual Abuse and its Impact in the Classroom. Invited presentation at the Center for School Behavioral Health Conference, Houston, Texas, October 2016
- Crowson, W., & **Goldberg, M.** Talking to your Children about Sex and Sexuality. Keeping Children Safe Series at the Harris County Children's Assessment Center, Houston, Texas, May 2017
- Goldberg, M. Motivational Interviewing and Working with our Clients' Resistance. Training Series at the Harris County Children's Assessment Center, Houston, Texas, May 2017
- Goldberg, M. Sexual Abuse and Mental Health. Child Advocate Training at the Harris County Children's Assessment Center, Houston, Texas, November 2017
- Goldberg, M. Theories of Supervision: Models and Practices, Parts I & II. Training Series at the Harris County Children's Assessment Center, Houston, Texas, May 2018
- Brittain, S. & **Goldberg, M.** Responding to Trauma. Invited presentation for crisis intervention officers at the Deer Park Police Department, Deer Park, Texas, July and November 2018
- Brittain, S. & **Goldberg, M.** Trauma-Focused Cognitive Behavioral Therapy: A Primer. Invited presentation for UT therapists, Houston, Texas, November 2018
- Goldberg, M. & Hughes, J. Behavior Management and Responding to Self-Harm. Invited presentation for Humble ISD counselors, Kingwood, Texas, January 2019
- Goldberg, M. Classification and Prevention of Child Sexual Abuse. Grand Rounds. University of Texas Health Science Center and McGovern Medical School, Houston, Texas, October 2019
- Butte, S., Goldberg, M., Newlin, E. Health Professionals against Interpersonal Violence. Invited panelist at McGovern Medical School, Houston, Texas, January 2020
- Goldberg, M. Student Behavioral Health Concerns: Methods for Identification, Referral, and Treatment. Invited presentation via Project ECHO for Huffman ISD. Houston, Texas, January 2021

Goldberg Mintz, M. Trauma-focused therapies. Invited presentation at Jewish Family Services, Houston, Texas, August 2022

Goldberg Mintz, M. Parenting the Traumatized Child: Incorporating Parent Support in the Treatment of Traumatized Children. Invited speaker at the Houston Psychological Association, Houston, Texas, August 2023

Goldberg Mintz, M. Parenting the Traumatized Child. Invited speaker at the 2024 Annual Chester Street Foundation Trauma Talks Conference, Houston, Texas, February, 2024

Goldberg Mintz, M. Raising Resilient Children. Invited speaker at West University Elementary School in Positive Behavior Series, Houston, Texas, 2024

Goldberg Mintz, M. Unraveling the Threads of Intergenerational Trauma: From Biological Markers and Learned Behaviors to Transgenerational Resilience. Grand Rounds. Baylor College of Medicine, Menninger Department of Psychiatry and Behavioral Sciences, Houston, Texas 2024

PATIENT CARE AND CLINICAL CONTRIBUTIONS:

PATIENT CARE RESPONSIBILITIES:

Harris County Children's Assessment Center, September 2016- June 2018

Provide trauma-focused individual, group, and family therapy to children and families impacted by sexual abuse. 40 Hours/Week.

UT Health Trauma and Resilience Center, June 2018- June 2020

Provide psychotherapy to traumatized children, adolescents, and families. Utilize evidence-based interventions including TF-CBT, DBT, CPT, PE, MBT. 20 Hours/Week.

UT Health Projects TCHAT & CPAN, June 2020- July 2021

Serve as Psychologist to Child Psychiatric Access Network to consult with pediatricians and primary care physicians, and to Texas Child Health Access Through Telemedicine to provide telemedicine to students experiencing mental health crises. 20 Hours/Week.

Secure Base Psychology, PLLC August 2021- Present

Provide trauma-focused therapy to traumatized children, adolescents, and adults.
Utilize evidence-based interventions including TF-CBT, DBT, CPT, PE, MBT. 20
Hours/Week.

BUSINESS DEVELOPMENT:

Secure Base Psychology, PLLC, Owner and Psychologist in Private Practice, August 2021-
Present

HONORS AND AWARDS:

40 Under Forty, Emory University outstanding alumni award, 2023

Silver Medal Winner for *Has Your Child Been Traumatized?* In Foreword Review's Book of
the Year Awards for 2022, Family and Relationships Category, Awarded in 2023

Amazon Best-seller: #1 New Release in Mental Health for *Has Your Child Been
Traumatized?* August, 2022

Delta Epsilon Iota Academic Honor Society, University of Denver, 2015

Departmental High Honors in Psychology, Emory University, 2011

Emory University Honors Program, Emory University, 2010

Psi Chi Honor Society, Emory University, 2009

SERVICE CONTRIBUTIONS:

National, Regional, and Local Participation in Professional and Voluntary Organizations:

Board of Directors of Chester Street Foundation Board and Chair of TraumaTalks
Committee, Elected Member, February 2023- Present

Children at Risk Center for New American Children and Education Advisory Board, Invited
Member, June 2018- 2022

Texas Association of Community Health Centers and Trauma and Resilience Center Tele-
mentoring program with Project ECHO, January 2019- July 2021

Shift Leader in Behavioral Health at the George R. Brown Convention Center for Hurricane Harvey evacuees, August 2017

OTHER INFORMATION:

Witness Testimony:

Provide expert and fact witness testimony in depositions and trial, December 2017- Present

Non-academic positions:

Owner and psychologist, Secure Base Psychology, PLLC, Houston, Texas August 2021- Present

Staff Psychologist, Harris County Children's Assessment Center, Houston, Texas, September 2016- June 2018